



# KITTATINNY REGIONAL HIGH SCHOOL



**ATTENTION PARENT/GUARDIANS AND STUDENT-ATHLETES,**

**ARE YOU TAKING A DIETARY SUPPLEMENT????**

**DO YOU WANT TO KNOW IF THE DIETARY SUPPLEMENT YOU ARE TAKING IS BANNED BY THE NJSIAA????**

Click on the link below by Drug Free Sport'. You will be directed to their Axis Program website.

Select "NJSIAA" from the drop down menu and enter "njsports" as the password.

Website: <https://dfsaxis.com/welcome>

After an inquiry is submitted, a response is typically provided within 48 business hours. The site's assessment of supplements is specifically intended to help prevent student-athletes from being suspended for unknowingly consuming banned substances.

Two new features available via the online portal are the Dietary Supplement Inquiry function and the availability of nutritional information. Both of these resources are prepared by sports nutrition experts.

The complete list of substances banned by the NJSIAA is available on the KRHS website.