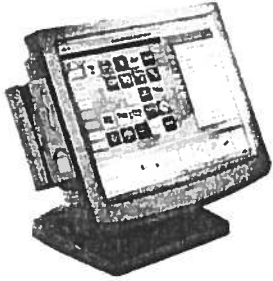


August 2015

Cafeteria Point of Sale Debit System

Starting September 1, 2015



- Your school is now using a computerized point of sale system in the cafeteria. Parents can make payments online or send in payments to the cafeteria using the coupon below.
- This system allows for account purchases of meals and snacks.
- Parents may pay in advance for purchases.

- All students will be issued a Personal Identification Number (PIN) which corresponds to their food service account and which should be kept confidential.
- Students still have the option to pay cash on a daily basis.
- Any prepaid meals on a meal card from the previous year will automatically be put on the student's account.
- Any remaining funds at the end of the school year are available for use in September or may be transferred to a sibling's account.



- Log on to the Parent Portal
- Click line for Food Service and click to make online payment
- The screens will guide you through the process to establish your account
- for ACH transaction

Advantages



- Students have more time to eat
- Minimizes "lost" lunch money
- Technology minimizes cashier errors
- Parents can access purchasing history
- Payments can be made 24/7 online
- Snacks can be purchased on account
- Low balance alerts for parents

Any Questions? Call the Food Service office: 973-383-1800

Payment Coupon: For use when sending payments in to the school

District Food Service PAYMENT FORM

Check Box: Meals Only Meals and A la Carte

Student Name _____

Grade _____ Homeroom or Teacher _____ Date _____

Check Amount _____ Check # _____

Please put student's name on check memo and make payable to: Kittatinny Board of Education

***One student per envelope/form.**



Maschio's is now on Facebook! Check out all of the fun and healthy things going on in our cafeterias. Visit us at www.facebook.com/MaschiosFoodServices





School Food Service Information 2015

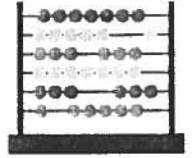
Healthy Meals Grow Healthy Kids



First Day of Service:

September , 2015

*Meal Prices
& Payments*



Student Lunch \$2.75

Reduced Lunch \$0.40

Adult Lunch: \$3.25

Cash, Check and online payments are accepted for meals.

Please make checks payable to Kittatinny Board of Education

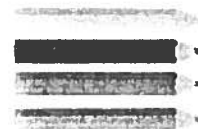
For online payments, visit

The Parent Portal in Realtime.

Parents may apply at any time during the school year for Free or Reduced meals. Contact your

Free & Reduced Meals

school board office for an application or online on the district website.



If you have any questions, suggestions, or concerns please contact Kathy Matlock of Maschio's Food Services at 973-383-1800 Ext 1470 or kmatlock@krhs.net.

Please visit your school website for our monthly menus, price lists, cafeteria connection newsletters and updates.

For nutrition information, please visit: www.maschiofood.com.

We greatly appreciate your cooperation and look forward to a great year!

Kittatinny Regional High School

Your child's school day just got healthier! School lunches include more fruits, vegetables, and whole grain-rich foods; only fat-free or low-fat milk; "right-sized" meals with portions designed for a child's age; and less saturated fat, sodium and zero trans fat. Here are some important facts about the school meals:

- The school lunch is comprised of nutrient-dense, age-appropriate meals.
- Some highly active students, like athletes, may need more calories. Some schools may offer second helpings of food components a-la-carte.
- School meals are required to meet the following sodium targets:

Grade	Lunch	the School Day just got Healthier
K-5	≤1,230mg	United States Department of Agriculture
6-8	≤1,360mg	
9-12	≤1,420mg	

- The **Smart Snacks in School** rules set limits on calories, fats, sugar and sodium and encourage the consumption of dairy, whole grains, protein, fruits and vegetables. No "empty calorie" foods will be offered a la carte. Please see the current year's price list on your website for pricing and selections.
- Our staff continues to gain a wealth of knowledge and the tools they need to successfully plan and prepare nutritious, safe and enjoyable school meals through continuing education/training standards set forth for school nutrition professionals.
- Your child can learn good habits for life by making healthy food choices and engaging in proper physical activity now. The past few years have been transition years as schools implement child nutrition standards and work together with parents, to ensure that every child, in every community across America, has access to healthy and nutritious meals. Encourage them to try new foods and choose the healthy food offered. Reinforce healthy eating by offering similar new foods at home.

For more information visit www.fns.usda.gov/healthierschoolday



MyPlate



Lunch Meal

All meals include:

Grains/Breads*

Meat/Meat Alternative

Fruit

Vegetables

Refreshing Milk

Students must choose at least **3** of the **5** components— Make sure **1** is a Fruit or Vegetable!

*Whole-Grain Rich



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